

Breakfast menu

Breakfast is served from 8.00am to 10.00am.
Check-out time is 8.30am – 11am

Breakfast table

Muesli/Cornflakes

Organic Greek yoghurt (Natural and Honeyed)

Marinated fruits

Dried fruit, seeds and nuts

Fruit juices (Orange, pressed Apple)

Toast and fruit jam and marmalade

Pembrokeshire honey

Select from the following:

1. Traditional Welsh country breakfast
Thick cut farmhouse back bacon
Farmhouse traditional pork sausages
Black pudding, mushrooms, tomatoes
Eggs (scrambled, fried, poached)
2. Welsh rarebit with leeks and Teifi cheese
3. French toast and maple syrup with bacon, sausage or poached nectarine
4. Homemade toasted crumpets with blackberry butter
5. Creamed smoked haddock and parmesan omelette
6. Porridge with caramelised apples and maple syrup

Tea (Glengettie, Peppermint, Camomile, Green, Earl Grey)

Coffee (Americano, Cappuccino, Espresso, Latte, Decaf Filtered)

Local suppliers of breakfast produce include:

Miranda's Preserves, Goodwick – Jams, Marmalades
Bethesda Farm, Narberth - Sausages
Welsh Quality Meats, Neyland – Bacon, Black Pudding
Wisebuys, Narberth – Fruit & vegetables
Pennsylvania Farm, Crundale - Eggs
Walter Davies, Milford Haven – Fish
Glynhynod Organic Farm, Ffostrasol – Teifi Cheese